

Wednesday, December 3, 2014

*I have set the Lord continually before me; because He is at my right hand, I will not be shaken. **Psalm 16:8***

This time of year people come to me with tears and heartache more than other days. Life around them starts spinning with “cheer” and gatherings of holiday decorations and plans. Every note playing in the place that used to be about milk and eggs is now about St. Nick and whoever else is coming to town. Meanwhile, those grieving ache for the days before their loved one became ill; their family member died; their heart broke. As a grief therapist for children and adults, it’s my job to walk with the bereaved while guiding them to a different place I know exists...where they don’t stop missing their loved one, but they manage the missing; where they can feel again, sometimes laugh and have minutes when their laughter is genuine. After time passes and they see more clearly, they share with me stories that reflect God’s work.

If we all look hard enough, we know that after passing through life’s struggles, we can see God’s work. If we keep our eyes on the Lord, we will see Him at our right hand, even when surrounded by gray, dismal days. I’m blessed I can do the work I do because God is with me. God is at my right hand and I know He’s at yours.

Lord, let us be reminded that this time of year is about celebrating the birth of Jesus. As we face life today and tomorrow, Lord, we know that you are at our right hand and we will not be shaken. We will see You, Lord, through our challenges, struggles, laughter and smiles. We will see You and know that You are at work. Amen.

Jennifer Melvin-Steuer